



KAEYLARAE

Brogden

ACRO TEAM HEAD COACH & GENERAL MANAGER

Kaeylarae leads our competitive team as Head Coach and oversees daily operations as General Manager here at AGSA with the goal of developing excellent elite athletes and confident individuals.

With over 15 years of gymnastics experience, Kaeylarae has earned numerous International, National, Regional, and State titles throughout her athletic career. She was a member of the USA Acrobatic Gymnastics National Team from 2020–2021, giving her firsthand experience competing at one of the highest levels of the sport.

Today, she continues in her passion for acrobatic gymnastics through leading the next generation of athletes, and has been recognized as Region 3 Elite Coach of the Year for two consecutive years, and was recognized as Region 3 Development Coach of the Year in 2024. She also serves as the Director for TX Acro, an organization dedicated to growing and strengthening acrobatics in Texas, and as Region 3 Development Chair.

Kaeylarae holds a Bachelors degree in Psychology, allowing her to combine technical expertise with her knowledge of athlete motivation and mental resilience, giving her a unique understanding of the support needed for each athlete. Her coaching philosophy emphasizes character growth, excellence, and joy in learning, to help every athlete realize their full potential in and out of the gym.